

OCTANE4700

# OCTANE FITNESS PRO 4700 ELLIPTICAL

## ASSEMBLY MANUAL



## FEATURES

- Stride length 18"-26"
- Electronic stride adjustment (1/2" increments)
- QuadLink Drive
- Pedal spacing 1.8"
- Low step-up height
- Oversized pedals
- Soft grip pedal
- Covered track and rollers
- Converging path handlebars
- MultiGrip handlebars
- Fingertip controls on moving handlebars
- Moving handlebar lock-out
- One-time adjustable handlebar position
- LCD TV mount option
- Stationary handlebars
- Water bottle holder/MP3 holder
- Reading rack
- Transport wheels
- Digital contact heart rate on moving handlebars
- Wireless heart rate ready
- Console fan
- On-the-fly programming
- Quick Start
- Cool down
- HeartLogic Intelligence
- Resistance levels - 30
- Number of Workout Programs - 19
- Preset resistance programs - Manual, Random, Interval, Custom Interval, Hill, 10K
- Heart rate-controlled programs - Fat Burn, Cardio, Heart Rate Interval, Heart Rate Custom Interval, Heart Rate Hill, Heart Rate Speed Interval
- Advanced programs - New Leaf® Custom, Constant Watts, Constant METs, 30:30 interval
- Stride length programs - Starter, 10K, PowerWalk, Stride Interval, Dual Direction
- Workout Boosters - SmartStride, X-Mode, GluteKicker, ArmBlaster
- Power Requirements: Self Powered, Cordless. It uses an Alternator and Battery for Power
- California Residents see Prop 65 WARNINGS

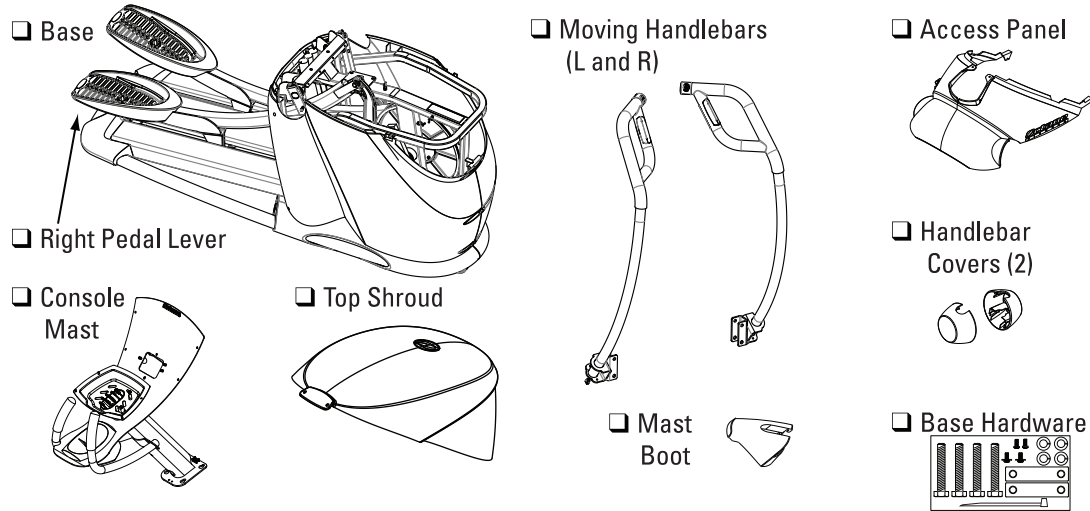
## TECH SPECS

- Max User Weight: 400 lbs
- Weight: 340 lbs
- Footprint: 31" x 71"
- Dimensions (Live Area): 83" L x 31" W x 71" H

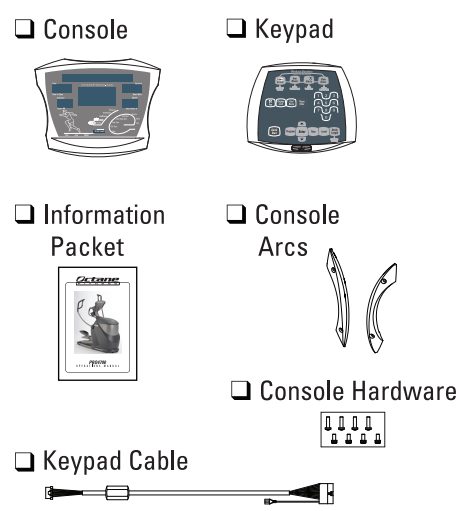
## WARRANTY

**10 Years Parts, 1 Year Labor (Commercial)**

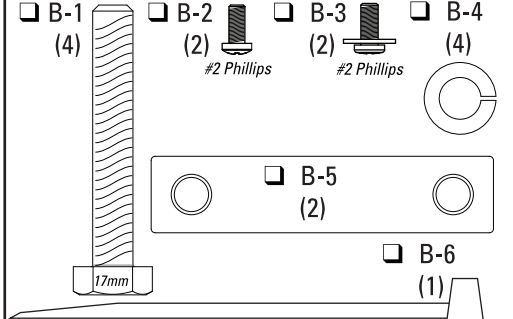
## Base Box



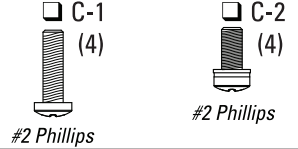
## Console Box



## Base Hardware

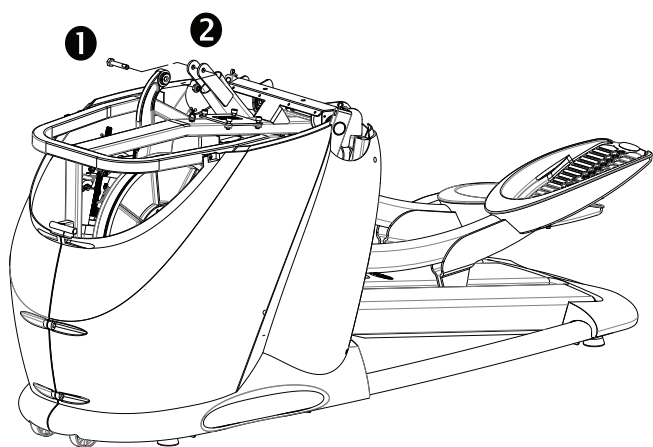


## Console Hardware



**A**

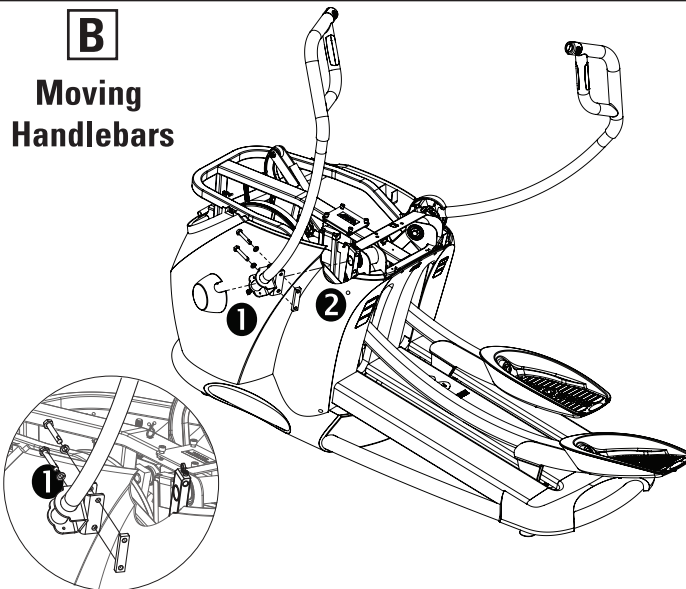
### Pedal Lever



- 1 Remove bolt from 3-pivot link.
- 2 Attach pedal lever; tighten to 30 ft-lb.

**B**

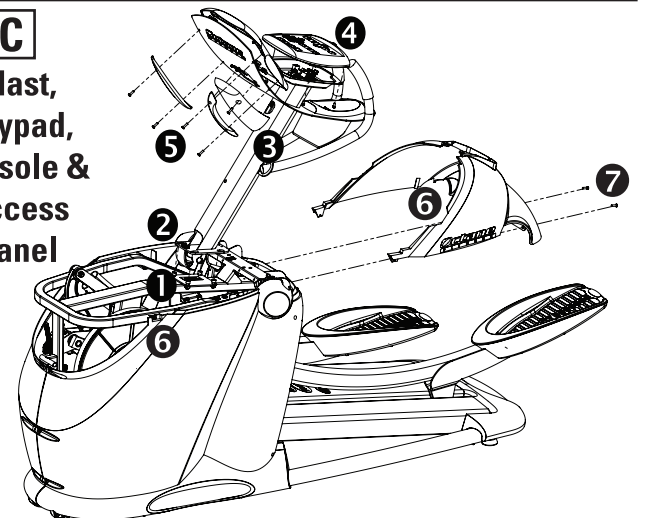
### Moving Handlebars



- 1 Attach handlebar to rocker arm with B-1 (Qty 2), B-4 (Qty 2), B-5 (Qty 2); tighten (30-35 ft-lb). Place handlebar cover.
- 2 Connect heart rate and control button cables.

**C**

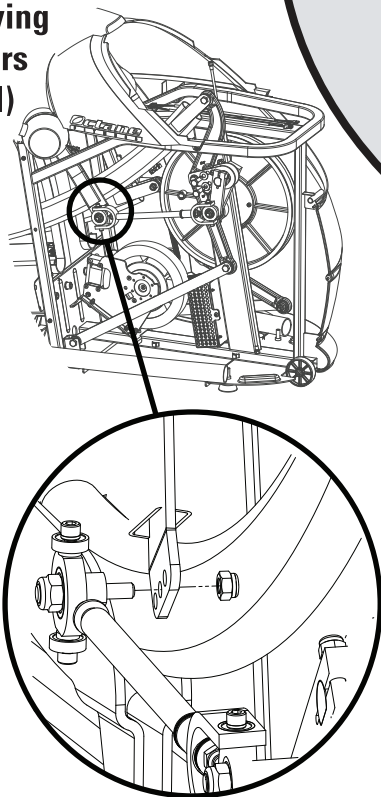
### Mast, Keypad, Console & Access Panel



- 1 Slide mast over screws on base; tighten.
- 2 Connect cable connectors: front of mast (Qty 1) back of mast (Qty 3) and **battery cable (Qty 1)**.
- 3 Remove console back cover.
- 4 Route and connect keypad cables per diagram on keypad. Attach ground wires; attach keypad to mast with C-2 (Qty 4).
- 5 Attach console and arcs to mast with C-1 (Qty 4). Match cable connectors to sockets on console back; connect. Attach console back cover.
- 6 Loosen side screws; position access panel with metal plate behind back shroud and front tabs in slots; tighten side screws.
- 7 Secure back of panel with B-2 (Qty 2).

**D**

### Adjust Moving Handlebars (optional)



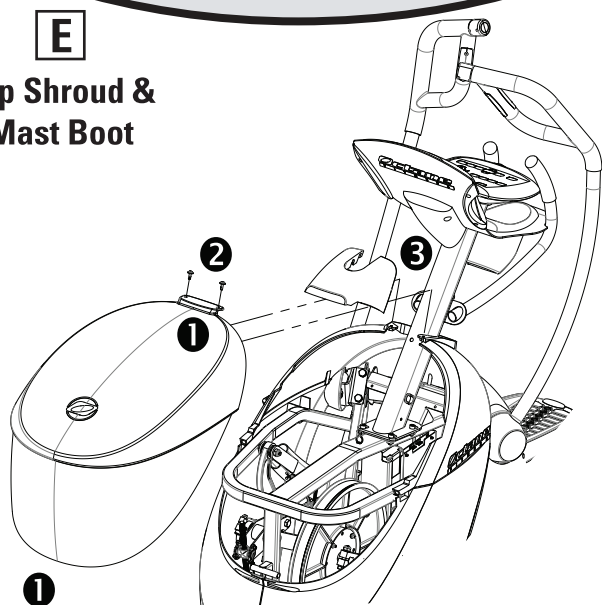
Adjust moving handlebars for 1.5" longer or shorter reach:

- 1 Hold handlebar; remove nut and reposition link. (Hole closest to user provides shortest reach.)
- 2 Replace nut; tighten (17 ft-lb).

Handlebars must be set to same position for proper functioning.

**E**

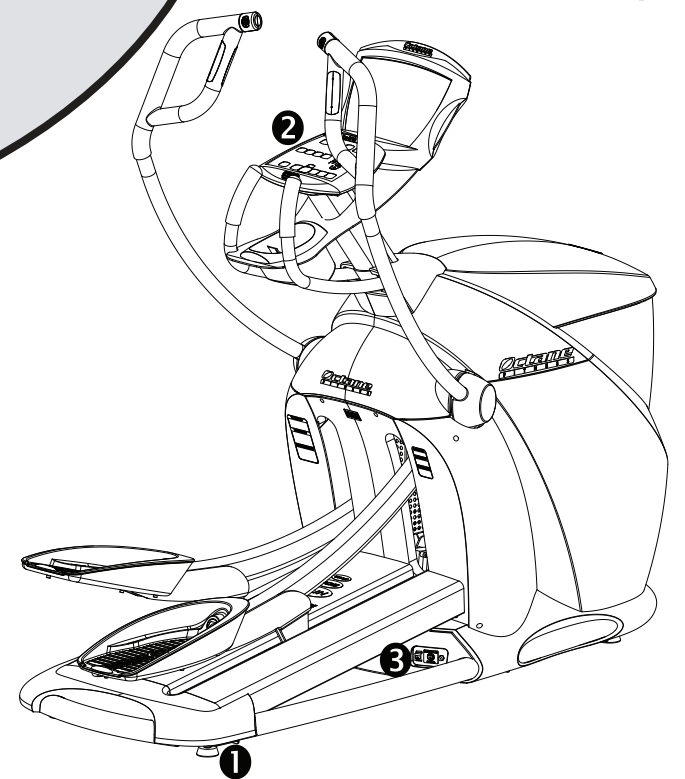
### Top Shroud & Mast Boot



- 1 Hold top edge of shroud, press bottom edge into place.
- 2 Attach top shroud with B-3 (Qty 2).
- 3 Wrap mast boot around mast; tuck into access panel.

**F**

### Level & User Set-up



- 1 Adjust and lock levelers; **make sure nut is tight**.
- 2 Complete User Set-up (press and hold ▲/▼) — See Operations Manual for instructions.
- 3 *Optional: Connect CSAFE and/or video.*